Genesis 2:18 Then the LORD God said, "It is not good that the man should be alone; I will make him a helper fit for him." 19 Now out of the ground the LORD God had formed every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name. 20 The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam there was not found a helper fit for him. 21 So the LORD God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. 22 And the rib that the LORD God had taken from the man he made into a woman and brought her to the man. 23 Then the man said,

"This at last is bone of my bones

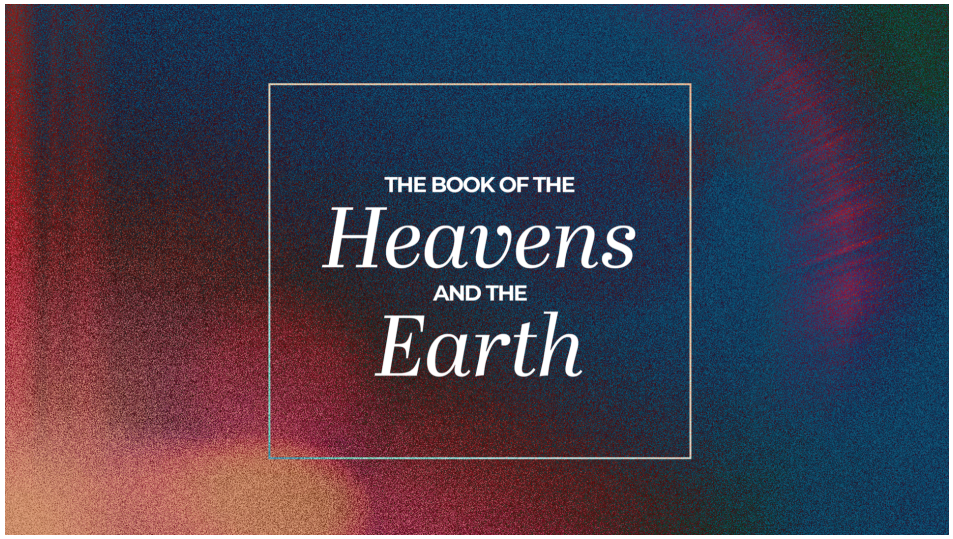
and flesh of my flesh;

she shall be called Woman,

because she was taken out of Man."

Genesis 2:24 Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. 25 And the man and his wife were both naked and were not ashamed.

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Nov 7 & 8, 2026 | The Book of the Heavens and Earth| Gen 2:18-25 | Dennis Miller

THE SCRIPTURES

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THE PROBLEM — "NOT GOOD"

1. The word "*GOOD*" (טוֹב, tov) has been used 11 times so far in Genesis. This is the first use of "*NOT good*."

    2. The problem is LONELINESS — (isolation). You might say, "But he had God." People were created for two types of relationships— VERTICAL and HORIZONTAL.

3. To help Adam see his PROBLEM, He brought the animals to him to be named. Each had a mate, but there was no "*HELPER*" (counterpart) for Adam.

   (Some say God did this BEFORE woman was created for two reasons, DISTRACTION and DISAGREEMENT.)

THE SOLUTION — A HELPER FIT

1. God would create a "*HELPER FIT*" (used twice).

- "*Helper*" (עֵזֶר, ʿezer) — this is a GOOD translation, but is misunderstood in OUR culture. "One who comes alongside."

Psalms 54:4 Behold, God is my helper; the Lord is the upholder of my life. (Ezra)

- "*Fit*" (נֶגֶד, neged) — a COUNTERPART; the other side; side.

How did God do this?

2. Adam was put into a DEEP sleep and God performed surgery, He took from his "SIDE" (צֵלָע, tzelaʿ). This word is used 41 times in Bible, and this is the ONLY place it is translated "*rib*."

Note: Adam and all the animals were "*FORMED*" while Eve was "*MADE*" (to build) from Adam's side. The Apostle Paul REMINDS us of this in the New Testament.

1Corinthians 11:7 For a man ought not to cover his head, since he is the image and glory of God; but woman is the glory of man. 8 For man was not made from woman, but woman from man; 9 neither was man created for woman, but woman for man.

Psa 139:13 For you formed my inward parts; you knitted me together in my mother's womb.

Note: Remember that there have been TWO "*Adams*."

1Corinthians 15:45 Thus it is written, "The first man Adam became a living being"; the last Adam became a life-giving spirit.

For BOTH of them, their BRIDE was created from the wound in their side!

3. God brought her to the man, and he broke into SONG!

- This is the FIRST love song. It is written in POETIC form and refers to flesh and bone. This becomes a COMMON phrase.

Genesis 29:14 and Laban said to him, "Surely you are my bone and my flesh!" . . .

Judges 9:2 ". . . Remember also that I am your bone and your flesh."

Luke 24:39 See my hands and my feet, that it is I myself. Touch me, and see. For a spirit does not have flesh and bones as you see that I have."

- *"she shall be called Woman"* — Esh (אִישׁ) and Eshah (אִשָּׁה). Note that this is not her NAME but her DESCRIPTION.

GOD'S COMMENTARY — MARRIAGE

Genesis 2:24 Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh.

1. This is the PLAN for marriage for FUTURE generations!
2. "*One flesh*" — not just a reference to the ACT of intimacy, but to what is ACCOMPLISHED — oneness.

- This PRECLUDES other sexual activity.
- This relationship is PERMANENT.

Matthew 19:8 He said to them, "Because of your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so.

3. One more thought: They were NAKED and unashamed, which simply means that there was no EVIL in the world.

APPLICATION

1. Celebrate your creative God and His UNIQUE and creative design of EACH of us!
2. This creative God formed you as He INTENDED. Be the best YOU that you can possibly be!

3. Marriage MATTERS to God, so it should MATTER to us.